



Norfolk County Council



Norfolk Fire and
Rescue Service

Summer Safety Advice



Scan the QR
code to see how
safe your home
is from fire.



Check out Staywise for
free access to safety
resources and activities
at staywise.co.uk

Wildfire Safety

Due to our climate changing, wildfire is a growing risk for our homes and our communities.

- ❑ Avoid having bonfires during very hot, dry spells where it can easily spread.
- ❑ Keep BBQs away from sheds, fences, shrubs, and furniture and make sure they are on a flat and fireproof surface.
- ❑ Avoid using disposable BBQs in our open spaces.
- ❑ Dispose of litter safely, items like glass bottles can start fires.

❑ Fully extinguish and dispose of cigarettes properly, don't throw them onto the ground or out of a car window.

❑ If you see a fire in the open, no matter how small, call **999** and get yourself to safety.









Water Safety




Half of drowning victims never intended to enter the water - know what to do if you fall in.

Float to live:

-  Tilt your head back, with ears submerged.
-  Try to breathe normally.
-  Move your hands to help you stay afloat.
-  Spread your arms and legs to improve stability.




Cold water shock can occur in water below 15°C, as it affects your breathing and movement. UK seas are around 12°C, with rivers being colder - even throughout the summer.


-  Enter any water slowly to acclimatise and to avoid any submerged hazards.
-  Wear a lifejacket when using watercraft such as kayaks or paddleboards.
-  When swimming, go with others and ideally swim where lifeguards are present.


Road Safety – Stay focused, stay safe


Driving incidents are most likely to happen when driving on your way home, usually from work.


If you have ever arrived at your destination without being able to recall parts of the journey, you were likely to be driving on “autopilot”.

 Avoid taking hands-free calls while driving. Set up driving focus mode on your phone.

 Consider how you are feeling - high emotions or feeling unwell will affect your concentration levels. Are you safe to drive?

 Keep your distance from the car in front.

 A running commentary of hazards and events during your journey can keep you in the moment.

 Practice mindful driving. Notice when your mind wanders and bring it back to the task.

